Challenging Tutoring Sessions
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Seattle Goodwill Industries
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Goodwill, founded in 1923, is a non-profit organization whose mission is to provide quality, effective employment training and basic education to individuals experiencing significant barriers to economic opportunity.

*Because jobs change lives!*
Job Training & Education Centers

- Bellingham
- Bremerton
- Mount Vernon
- **Seattle** ★
- South Everett
What We Do Here?

- Classes
- Workshops
- Employment Services
- Case Management

Student
Challenging Tutoring Sessions:
What is a tutor?

Challenges of Adult Learners
  Persistence
  Family
  Work
  Trauma
  Health

Strategies for Tutors
  De-escalation Techniques
  Emergency Procedures
  Equity
What is a tutor?
Adult Learners

**Children**
- Children are directed by others, such as parents or teachers.
- In general, children have limited life experiences.
- Children are open to new information; they are malleable and adaptable.
- Children expect to learn in school; they also tend to learn quickly.
- Children learn because they are told to learn and they are expected to learn; they expect that their learning will help them in the future.
- Children attend classes in a group that is the same age, shares a similar background, and tends to share similar educational skills.

**Adults**
- Adults are largely self-directed.
- Adults can draw on a lifetime of experiences.
- Adults have a well-developed belief system; they may reject information that contradicts those beliefs.
- Adults have various expectations about learning based on past experiences in school; they generally learn more slowly than children, but they can learn just as well.
- Adults want to meet immediate goals and needs; they need to perceive that their learning experience is valuable and that their time is used wisely.
- Adults come from diverse ages and backgrounds and, as a group, possess uneven skills and educational levels.
The helps