



# Challenging Tutoring Sessions

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# Who We Are

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## Seattle Goodwill Industries

Goodwill, founded in 1923, is a non-profit organization whose mission is to provide quality, effective employment training and basic education to individuals experiencing significant barriers to economic opportunity.

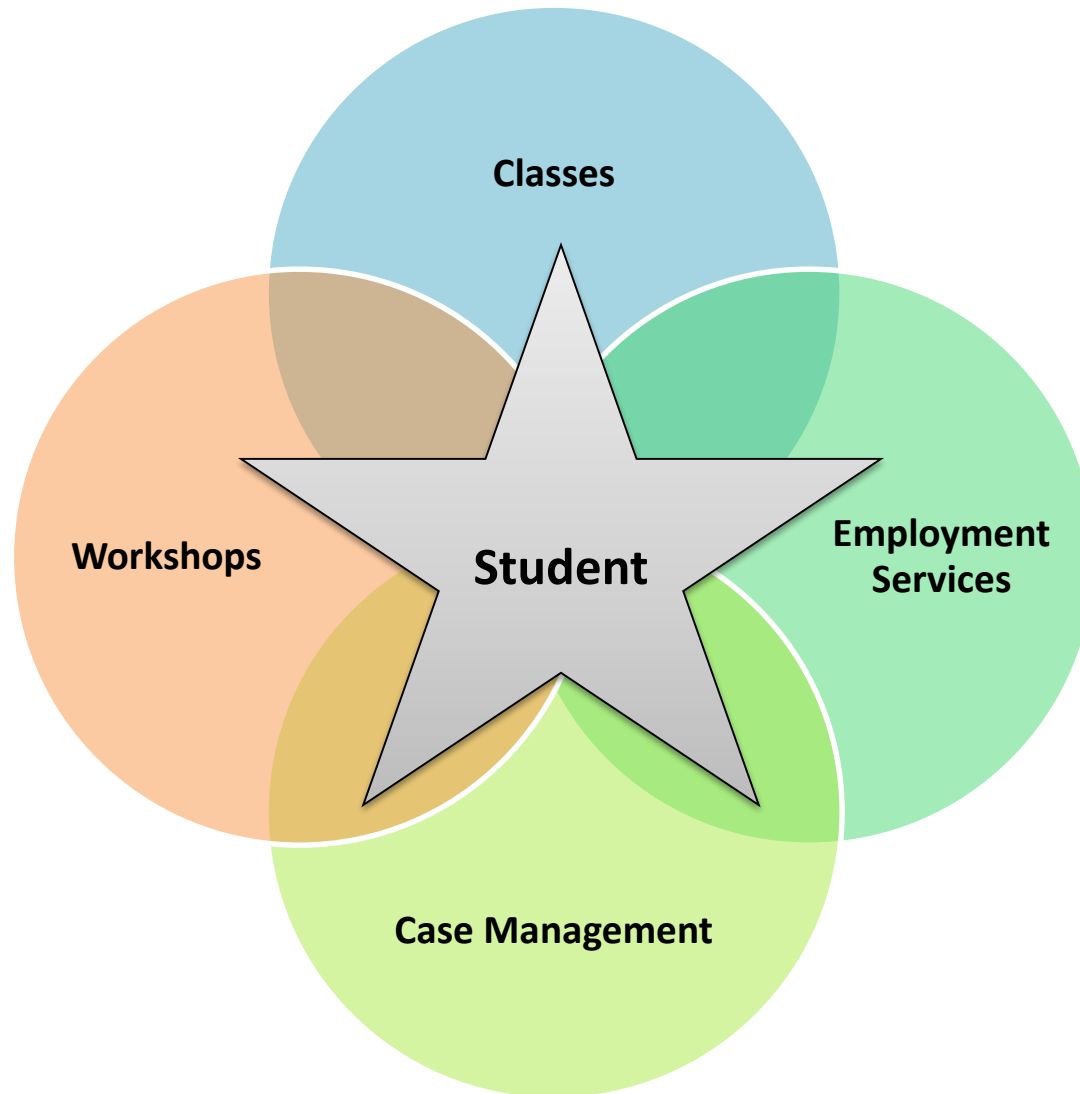
***Because jobs change lives!***

# Job Training & Education Centers

- Bellingham
- Bremerton
- Mount Vernon
- **Seattle** ★
- South Everett



# What We Do Here?



# OVERVIEW

## Challenging Tutoring Sessions:

What is a tutor?

### Challenges of Adult Learners

Persistence

Family

Work

Trauma

Health

### Strategies for Tutors

De-escalation Techniques

Emergency Procedures

Equity

# What is a tutor?

# Adult Learners

## Children

Children are directed by others, such as parents or teachers.

In general, children have limited life experiences.

Children are open to new information; they are malleable and adaptable.

Children expect to learn in school; they also tend to learn quickly.

Children learn because they are told to learn and they are expected to learn; they expect that their learning will help them in the future.

Children attend classes in a group that is the same age, shares a similar background, and tends to share similar educational skills.

## Adults

Adults are largely self-directed

Adults can draw on a lifetime of experiences.

Adults have a well-developed belief system; they may reject information that contradicts those beliefs.

Adults have various expectations about learning based on past experiences in school; they generally learn more slowly than children, but they can learn just as well.

Adults want to meet immediate goals and needs; they need to perceive that their learning experience is valuable and that their time is used wisely.

Adults come from diverse ages and backgrounds and, as a group, possess uneven skills and educational levels.

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